



Access to Services:

CLINIC APPOINTMENT

Monday – Thursday . . . 9:00 a.m. – 9:00 p.m.
 Friday 9:00 a.m. – 5:00 p.m.
 Saturday 9:00 a.m. – 1:00 p.m.
 Closed Sundays

REMOTE SERVICES

Telehealth and Telepsychiatry

TRANSPORTATION

The clinic is located at 19 Meadowood Drive, Langhorne, PA 19047 and is accessible by rail lines and bus service.



For more information, contact:

Mary Ellen Brogan
 Director of Development and Admissions
 Woods Community Services
 40 Martin Gross Drive, Langhorne, PA 19047
 Phone: 215-750-4028 or 800-782-3646
 Email: wcsadmissions@woods.org



Woods Community Services is part of the Woods System of Care. Every day, Woods System of Care helps people live their best lives. Woods System of Care is a leading and innovative PA and NJ-based nonprofit population health network that provides a life-long continuum of comprehensive and integrated care and supports for 22,000 children and adults. The individuals we serve have complex medical and behavioral healthcare needs, along with intellectual and developmental disability, autism, brain injury, and related psychiatric disorders. Woods provides them with integrated services that include mental and physical health, education, housing and residential treatment and workforce development to ensure they can live lives of meaning and joy.



*An integrated healthcare approach to achieve mental and physical wellness
 for individuals with Intellectual Disabilities and Autism*

www.woodscommunityservices.org

Philosophy

Woods Community Services (WCS) Integrated Care Wellness Center is predicated on person-centered planning that focuses on the individual patient's choices and the family. Individualized interventions and interactions are fostered by the professionals who are knowledgeable about the person's trauma history and work specifically to promote healing and growth. All members of the team are intricately involved in developing tailored interventions, monitoring patient progress, and developing treatment and discharge plans.

Integrated Care Wellness Center Services

WCS Integrated Care Wellness Center supports children and adults with disabilities or challenges to achieve their highest potential and independence through innovative and individualized quality, accessible, timely and person-centered community-based services that promote learning, and personal fulfillment to live everyday lives.

WCS offers a robust array of outpatient services including:

- Intake, psychiatric and diagnostic assessments
- Medication review and coordination
- Individual, group and family therapies
- Behavioral health supports
- Psychiatric
- Inclusion of natural supports
- Complex condition nurse navigation



WELLNESS TEAM

- Psychiatrists
- Nurse Navigators
- Nurses
- Counselors
- Social Workers
- Family Therapists
- Allied Therapists

Approach

WCS Integrated Care Wellness Center modality includes strength-based programming focused on autonomy and self-determination. We offer comprehensive assessments to identify key components and individualized needs of those suffering from mental health and behavioral health issues. The WCS team will foster change which can be sustained preventing relapses that would require higher levels of care.



EVIDENCED-BASED PRACTICES

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Applied Behavior Analysis (ABA)
- Trauma-informed Approaches / Ukeru
- Reality-Based
- Mindfulness
- Motivational Interviewing
- Peer Support
- Seeking Safety



Psychiatric Services

Schedule an appointment with an Advanced Practice Nurse or Psychiatrist within one week of referral to evaluate the effectiveness of current medications and need for medications.

Nurse Navigation

You can expect face-to-face visits one time per week for the first thirty days during which individualized case coordination will be established including Intensive Case Management Services and Support Services.

Primary Care

Individuals not currently linked with a Primary Care Physician (PCP) will be connected with one within one week of referral and will be supported by the Nurse Navigator to ensure they keep the appointment.

