



Recreation Therapy Services

There is never a dull moment at **Mercy LIFE wellness centers**. It's important for seniors to stay active and our Certified Recreational Therapists make sure participants are doing just that! We offer a range of daily activities with the goal of increasing physical movement, keeping the mind active, being creative, and having fun with other seniors.

Some exciting activities may include:

Physical Fun: • Chair Yoga • Drum Circle
• Dance & Movement • Pet Therapy

Brain Power Activities: • Discussion Groups
• Computer Classes • Cooking Groups

Get Artistic: • Painting/Drawing • Sewing
• Crocheting • Ceramics

Monthly Events: • Restaurant Trips
• Bowling • Museum Trips

**Call 215-339-4747 for more details
on our Recreation Therapy program!**



Trinity Health
PACE

Mercy
LIFE

Who can participate in Mercy LIFE?

- Must be 55 or older
- Need the level of care that requires nursing facility type services
- Live in Delaware County or any of the zip codes below in Montgomery and Philadelphia counties.
- Need medical care and supportive services and are able to live in the community safely with the services provided through Mercy LIFE

Mercy LIFE Zip Codes

Montgomery County: 19003, 19004, 19422, 19512, 19405, 19010, 19012, 19426, 19428, 19027, 19031, 19034, 19525, 19035, 19041, 19083, 19406, 19444, 19066, 19453, 19072, 19401, 19403, 19456, 19460, 19462, 19464, 19468, 19473, 19085, 19087, 19095, 19096, 19492, 19118, 19128

Philadelphia County: 19106, 19107, 19122, 19123, 19125, 19133, 19134, 19137, 19140, 19145, 19146, 19147, 19148

Delaware County: All Zip Codes

Chester County: 19087, 19333, 19312, 19301, 19073, 19319, 19380, 19382, 19355, 19460, 19345, 19357, 19366, 19381, 19395, 19397, 19398, 19399, 19317

There are no out-of-pocket charges if participants qualify for both Medicare and Medicaid or Medicaid only. For participants who do not qualify for Medicaid, there is a flat monthly fee.

Mercy LIFE program participants must receive all needed health care, including primary care and specialist physician services (other than emergency services) through the Mercy LIFE team and network of participating providers. Participants may be fully and personally responsible for costs of unauthorized or out-of-program services. Participants must be eligible for Medicaid, Medicaid and Medicare or are able to privately pay.

ATTENTION: If you speak Español, 中文, Tagalog, Tiếng Việt, Français, 한국어, Deutsch, العربية, русский, Kreyòl Ayisyen, language assistance services, free of charge, are available to you. Call 215-339-4747. If you are hearing impaired, please access the PA Relay Service at 800-654-5984 or by dialing 711.